



Marchese Sports Therapy

Marchese Sports Therapy is an innovative therapeutic clinic located in Woburn, MA. The doctors of MST are known for their thorough evaluations, creative treatment strategies and the unparalleled level of time, attention and hands-on care provided to their patients. MST caters to the active individual, and has become an invaluable resource for countless numbers of recreational, amateur, elite and professional athletes. More importantly, the mission of the clinic is to recognize the athlete in everyone; and therefore, the same time and attention to detail is afforded to all who trust their health to the doctors of MST.

Therapeutic Exercises Prescription • Chiropractic Care
Manual Myofascial Therapies • Personal Training
ARPwave™ • Muscle Activation Technique™
Active Release Technique™

Marchese Sports Therapy
The Summit Center for Advanced Therapeutics
208 W. Cummings Park
Woburn, MA 01801



HUMAN GAIT

Applied Biomechanics
& Corrective Strategies
for the Health & Fitness
Professional

April 10-11, 2010

Human Gait

Applied Biomechanics & Corrective Strategies for the Health & Fitness Professional

Date: April 10-11, 2010

Time: Saturday 9 am to 4 pm
Sunday 9 am to 1 pm

Location: Marchese Sports Therapy
The Summit Center for Advanced Therapeutics
208 West Cummings Park
Woburn, MA 01801

Registration: Advanced registration is
strongly recommended
To register, call (781) 721-7600

Course manual provided
Complimentary lunch provided on Saturday

Professional Tuition: minimum \$50 donation
Student Tuition: \$25 donation
Facility multiple registration discount pricing

Proceeds to benefit The Brain Injury
Association of America
www.BIAA.org

Seminar Curriculum

- *Functional Anatomy of Gait*
- *Gait Theories & Mechanisms*
- *Lumbopelvic Rhythms
& Stabilization*
- *Recognition of Dysfunctional Gait*
- *Minimal Energy Assessment
& Correction*
- *Spinal Engine Assessment
& Correction*
- *Gait Assessment & Correction*
- *Upper & Lower Extremity
Kinetic Pairings*

Dr. Tim Morgan

Drawing from a deep understanding of human kinesiology, and through a unique combination of manual and movement based therapies, Dr. Morgan designs and implements innovative, functionally based treatment strategies in his clinical practice. This fundamental 'structure and function' focus serves as the foundation for his approach to injury prevention, management and performance enhancement. Outside of private practice, Dr. Morgan is a faculty member of the Exercise & Health Sciences Department at the University of Massachusetts Boston, teaching courses in Human Kinesiology and Strength & Conditioning.



Dr. John Marchese

Dr. Marchese founded MST and has developed treatment protocols in recognition that human performance is critically dependent on the interactivity of neurological and musculoskeletal function. A therapeutic 'road warrior' of sorts, Dr. Marchese is a student of human function in that he has continuously expanded his knowledge base of therapeutic methodologies. In this way, Dr. Marchese has developed a truly integrative practice and has earned his reputation as a therapeutic innovator. He applies this same set of principles to all of his patients, and in doing so, is equally proficient at enhancing the performance of professional athletes as he is at increasing the quality of life of those with neurodegenerative conditions such as multiple sclerosis.